

Katering 4 Kids

Encompass February 2019 Lunch Menu

Jan 2, 2019

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| | | | | Feb - 1 Breaded Fish Fillet+ Broccoli Canned Pears WG Bread Tartar Sauce WhMilk-1 /Skim-2^ |
| Feb - 4 BeefShepard'sVegetablPie Cantaloupe WG Bread WhMilk-1 /Skim-2^ | Feb - 5 Beef Barley Soup Baby Carrots w/ Dip Apple W/GCheezit Crackers WhMilk-1 /Skim-2^ | Feb - 6 Sausage Pattie Cheese, Colby Slice Green Pepper Pears WG Biscuit WhMilk-1 /Skim-2^ | Feb - 7 ChickW/GWrap(UnBreadChx) Shredded Cheese Lettuce/Tomato/Broccoli Peaches W/G Soft Shell Ranch Dressing WhMilk-1 /Skim-2^ | Feb - 8 3 Cheese W/G Macaroni Cherry Tomatoes Canned Pears WG Bread WhMilk-1 /Skim-2^ |
| Feb - 11 ChickenVegetPot PieCass Cantaloupe WG Biscuit WhMilk-1 /Skim-2^ | Feb - 12 Lasagna Soup Red-Yellow-Grn Peppers Green Grapes WG Breadstick WhMilk-1 /Skim-2^ | Feb - 13 BBQ Pork Corn Fruit Cocktail W/G Hamburger Bun WhMilk-1 /Skim-2^ | Feb - 14 WGBrdChicken,Heart Shap+ WIBlend Vegetables Strawberries WG Bread Ranch Dressing WhMilk-1 /Skim-2^ | Feb - 15 Hamburger+ Baked Beans Grapes* WG Hamburger Bun Ketchup WhMilk-1 /Skim-2^ |
| Feb - 18 Chicken W/G Noodle Soup Cucumber Oranges W/G Goldfish Crackers WhMilk-1 /Skim-2^ | Feb - 19 Salisbury Steak+ Parsley Potatoes Mandarin Oranges W/G Roll WhMilk-1 /Skim-2^ | Feb - 20 Ham & Cheese W/GSandwich Cherry Tomatoes Apple Mayonnaise WhMilk-1 /Skim-2^ | Feb - 21 W/GPancakeSausageWrap+ Yogurt Green Pepper Applesauce WhMilk-1 /Skim-2^ | Feb - 22 WG Zoo Animal Chicken+ Peas & Carrots Berry Blend WG Bread Ranch Dressing WhMilk-1 /Skim-2^ |
| Feb - 25 W/GSpaghetti&Meat Sauce Yellow Beans Cantaloupe W/G Garlic Bread WhMilk-1 /Skim-2^ | Feb - 26 Cream Potato Soup w/ Ham Cucumber Oranges StufChsGarW/GBreadsticks WhMilk-1 /Skim-2^ | Feb - 27 Meatballs+ w Gravy Mashed Potatoes Grapes* W G Dinnerroll WhMilk-1 /Skim-2^ | Feb - 28 SmorgasofEntrees,Veg/Frt Variety of Items Fresh Fruit or Veggie WG Bread WhMilk-1 /Skim-2^ | |

All Soups, Casseroles, and Main Entrees NOT CN labeled are Homemade.

NA - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.