

# Encompass

March 2021 Lunch Menu

Jan 18, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Sloppy Joes Sweet Potato Puffs Mandarin Oranges WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^</p>	<p>2</p> <p>ChickenVegQuinoaSoup Red-Yellow-Grn Peppers Oranges WGR Bread WhMilk-1 /Skim-2^</p>	<p>3</p> <p>Salisbury Steak + Parsley Potatoes Tropical Fruit W G Dinnerroll WhMilk-1 /Skim-2^</p>	<p>4</p> <p>BBQ Pork Malibu VegBlend Cantaloupe WGR Hamburger Bun WhMilk-1 /Skim-2^</p>	<p>5</p> <p>Breaded Fish Fillet+ Peas Pineapple Tidbits WGR Bread Tartar Sauce WhMilk-1 /Skim-2^</p>
<p>8</p> <p>ChickenStirFry w/ Veggie Oranges Brown Rice Pilaf WG Breadstick WhMilk-1 /Skim-2^</p>	<p>9</p> <p>CreamPotatoHamSoup W/G Pizza Sticks + Cucumber Apple WhMilk-1 /Skim-2^</p>	<p>10</p> <p>Turkey &amp; Gravy Mashed Potatoes Mandarin Oranges WGR Bread WhMilk-1 /Skim-2^</p>	<p>11</p> <p>Meatloaf + Broccoli Canned Pears WG Breadstick WhMilk-1 /Skim-2^</p>	<p>12</p> <p>Cheese Omelette+ Yogurt Green Pepper Cantaloupe W/G Muffins WhMilk-1 /Skim-2^</p>
<p>15</p> <p>Pork &amp; Gravy Mashed Potatoes Oranges WG Breadstick WhMilk-1 /Skim-2^</p>	<p>16</p> <p>MeatballVegSoup Green Pepper Pears WGR Bread WhMilk-1 /Skim-2^</p>	<p>17</p> <p>BreadedWGChick,Shamrock+ Green Beans Granny Smith Apple WGR Bread Ranch Dressing WhMilk-1 /Skim-2^</p>	<p>18</p> <p>BakePotBar (Ham/Cheese) Broccoli Peaches W G Dinnerroll Sour Cream WhMilk-1 /Skim-2^</p>	<p>19</p> <p>3 Cheese W/G Macaroni Peas Mandarin Orangesw/Banana WhMilk-1 /Skim-2^</p>
<p>22</p> <p>Chicken Broccoli Alfredo Oranges W G Dinnerroll WhMilk-1 /Skim-2^</p>	<p>23</p> <p>Beef &amp; 3Bean Soup Cucumber Grapes* WGR Bread WhMilk-1 /Skim-2^</p>	<p>24</p> <p>BBQ Chicken Fillet+ MonteCarloVeg Pears W G Dinnerroll WhMilk-1 /Skim-2^</p>	<p>25</p> <p>Meatballs+w/Spag Sauce Mozzarella Cheese Green Beans Pineapple Tidbits Spaghetti W/G Noodles W/G Garlic Bread WhMilk-1 /Skim-2^</p>	<p>26</p> <p>Hamburger+ Baked Beans Cantaloupe WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^</p>
<p>29</p> <p>W/GSpaghetti&amp;Meat Sauce Yellow Beans Apple W/G Garlic Bread WhMilk-1 /Skim-2^</p>	<p>30</p> <p>Chicken W/G Noodle Soup Cherry Tomatoes Pears W/G Goldfish Crackers WhMilk-1 /Skim-2^</p>	<p>31</p> <p>SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanFruit&amp;Veggie WGR Bread WhMilk-1 /Skim-2^</p>		

*\*NA\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**