

Encompass

May 2021 Lunch Menu

Mar 2, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
3 W/GSpaghetti&Meat Sauce Green Beans Oranges W/G Garlic Bread WhMilk-1 /Skim-2^	4 TurkBeanSpinachSalSoup Cucumber Apple W/G Goldfish Crackers WhMilk-1 /Skim-2^	5 Meatloaf + Parsley Potatoes Fruit Cocktail W G Dinnerroll WhMilk-1 /Skim-2^	6 BBQ Chicken Fillet+ Cal Blend Veges Cantaloupe WGBreadstick WhMilk-1 /Skim-2^	7 3 Cheese W/G Macaroni Cherry Tomatoes Pears WhMilk-1 /Skim-2^
10 ChickenStirFry w/ Veggie Oranges Brown Rice Pilaf WGBreadstick WhMilk-1 /Skim-2^	11 Cream Potato Soup w/ Ham Red-Yellow-Grn Peppers Apple StufChsGarW/GBreadsticks WhMilk-1 /Skim-2^	12 Meatballs+ w Gravy Mashed Potatoes Cantaloupe W G Dinnerroll WhMilk-1 /Skim-2^	13 ItalianChickBrst+w/Sauce Yellow Beans Grapes WGR Hamburger Bun WhMilk-1 /Skim-2^	14 Hamburger+ Baked Beans Mandarin Orangesw/Banana WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^
17 WholeGrBreadChicken+ Corn Oranges WGR Bread Ranch Dressing WhMilk-1 /Skim-2^	18 Beef Stroganoff Soup Cucumber Apple WGR Bread WhMilk-1 /Skim-2^	19 BBQ Pork Sweet Potato Puffs Tropical Fruit WGR Hamburger Bun WhMilk-1 /Skim-2^	20 Ham & Cheese Omelette Green Pepper Cantaloupe W/G Muffins WhMilk-1 /Skim-2^	21 Winter Menu-Ravoli FrshorCanFruit&Veggie WGR Bread American Cheese WhMilk-1 /Skim-2^
24 Pork & Gravy Mashed Potatoes Oranges WGBreadstick WhMilk-1 /Skim-2^	25 Lasagna Soup Mozzarella Cheese Baby Carrots w/ Dip Granny Smith Apple W/G Garlic Bread WhMilk-1 /Skim-2^	26 Turkey Pattie+ Capri Blend Vegetables Peaches WGR Hamburger Bun Mayonnaise WhMilk-1 /Skim-2^	27 LunchMeat&ChsW/GSandwich Cherry Tomatoes Pears WhMilk-1 /Skim-2^	28 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanFruit&Veggie WGR Bread WhMilk-1 /Skim-2^
31 NO SCHOOL TODAY				

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.