

Encompass

December 2021 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BreadedWGChick,Dinosaurus Peas & Carrots Peaches WGR Bread Ranch Dressing WhMilk-1 /Skim-2^	2 BBQ Pork Mixed Vegetables Pineapple Tidbits WGR Hamburger Bun WhMilk-1 /Skim-2^	3 3 Cheese WGRMacaroni Cherry Tomatoes Canned Pears WhMilk-1 /Skim-2^
6 Pork & Gravy Mashed Potatoes Oranges WGRDinnerroll WhMilk-1 /Skim-2^	7 Chicken & 3Bean Soup Red-Yellow-Grn Peppers Apple WGR Bread WhMilk-1 /Skim-2^	8 Meatballs+w/Spag Sauce Green Beans Pears WGR Garlic Bread Spaghetti W/G Noodles WhMilk-1 /Skim-2^	9 GrilledChickenPatty+ Peas Cantaloupe WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^	10 Breaded Fish Fillet+ MonteCarloVeg Peaches WGR Bread Tartar Sauce WhMilk-1 /Skim-2^
13 SloppyJoeVegCasserole Oranges WGR Bread WhMilk-1 /Skim-2^	14 TurkBeanSpinachSalSoup Baby Carrots w/ Dip Grapes* WGR Bread WhMilk-1 /Skim-2^	15 Chicken N Gravy Mashed Potatoes Mandarin Oranges WGR Breadstick WhMilk-1 /Skim-2^	16 Egg Bake w/ Ham Green Pepper Cantaloupe WGR Muffins WhMilk-1 /Skim-2^	17 Hamburger+ Baked Beans Pears WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^
20 ChickGnocchiVegCasserole Oranges WGRDinnerroll WhMilk-1 /Skim-2^	21 Beef Stroganoff Soup Green Pepper Apple WGR Bread WhMilk-1 /Skim-2^	22 BBQ Chicken Corn Fruit Cocktail WGR Hamburger Bun WhMilk-1 /Skim-2^	23 Ham Patty+ Malibu VegBlend Cantaloupe WGR Bread WhMilk-1 /Skim-2^	24 NO SCHOOL TODAY
27 LunchMeat&ChsWGRSandwich Cucumber Oranges WhMilk-1 /Skim-2^	28 ChickenDumplingSoup Cherry Tomatoes Apple W/GR Goldfish Crackers WhMilk-1 /Skim-2^	29 Meatloaf + Broccoli Cauliflower Cantaloupe WGR Bread WhMilk-1 /Skim-2^	30 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^	31 NO SCHOOL TODAY

NA - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.