

# Encompass

## December 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BBQ Pork Pattie+ Parsley Potatoes Mandarin Oranges WGR Bread WhMilk-1 /Skim-2^	2 Meatloaf+ WIBlend Vegetables Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^
5 Chicken Veg Cacciatore Oranges WGRDinnerroll WhMilk-1 /Skim-2^	6 Chili W/G Mac Baby Carrots w/ Dip Granny Smith Apple WGRCornbreadMuffins WhMilk-1 /Skim-2^	7 Bean W/GRBurrito Shredded Cheese Peas & Carrots Peaches W/GR Soft Shell WhMilk-1 /Skim-2^	8 HamAugrPotatoesw/GrBns Cantaloupe WGR Bread WhMilk-1 /Skim-2^	9 BBQ Chicken Broccoli Cauliflower Canned Pears WGR Hamburger Bun WhMilk-1 /Skim-2^
12 Pork & Gravy Mashed Potatoes Oranges WGRDinnerroll WhMilk-1 /Skim-2^	13 Lasagna Soup Mozzarella Cheese Green Pepper Apple WGR Garlic Bread WhMilk-1 /Skim-2^	14 BBQ Pork Smile Face Potatoes Peaches WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^	15 ItalianChickBrst+w/Sauce ItalianMixedVegetables Pears WGR Hamburger Bun WhMilk-1 /Skim-2^	16 Hamburger+ Baked Beans Cantaloupe WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^
19 Beef Stew w/ Vegetables Oranges WGR Biscuit WhMilk-1 /Skim-2^	20 ChickenDumplingSoup Cucumber Apple WGR Bread WhMilk-1 /Skim-2^	21 Salisbury Steak+ Broccoli Peaches WGR Bread WhMilk-1 /Skim-2^	22 BBQ Chicken Strips MonteCarloVeg Cantaloupe WGRBreadstick WhMilk-1 /Skim-2^	23 BreadedWGChick,Dinosaurs Peas Mandarin Orangesw/Banana WGR Bread Ranch Dressing WhMilk-1 /Skim-2^
26 NO SCHOOL TODAY	27 LunchMeat&ChsWGRSandwich Cucumber Apple WhMilk-1 /Skim-2^	28 W/GRBreakfast Pizza+ Yogurt Green Pepper Canned Pears Ranch Dressing WhMilk-1 /Skim-2^	29 Chicken N Gravy Mashed Potatoes Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^	30 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^

\*NA\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.