

# Encompass

## December 2022 Snack Menu

Oct 6, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 WGR Cinnamon Snckbead WhMilk-1-/Skim-2&^	2 WG Waffle Grahams FrshorCanFruit&Veggie
5 WGNachoChips 3+ Salsa Juice, Assorted	6 WGFrenchTstCrackers WhMilk-1-/Skim-2&^	7 WGR Muffins WhMilk-1-/Skim-2&^	8 WGBug Blte Crackers Granny Smith Applesauce	9 Cheese Sandwich Cracker FrshorCanFruit&Veggie
12 FlatBread Jelly or Apple Butter WhMilk-1-/Skim-2&^	13 Canned Pears Graham Crackers	14 Cheese, Colby Slice Crackers WhMilk-1-/Skim-2&^	15 Sports, W/G Crackers Kiwi Fruit	16 Animal Crackers FrshorCanFruit&Veggie
19 W/G Soft Pretzel Cheese Sauce Sherbert Cup	20 CRaisins,Chry /Ornge-3 ^ WGRTeddyGrahams	21 Cheese Stick Crackers WhMilk-1-/Skim-2&^	22 WGR Blueberry Snckbread WhMilk-1-/Skim-2&^	23 WGDino Grahams FrshorCanFruit&Veggie
26 NO SCHOOL TODAY	27 HospitWGCerealBowls(6g<) WhMilk-1-/Skim-2&^	28 WG Chat Crackers Applesauce	29 Mini Bagels Jelly or Apple Butter WhMilk-1-/Skim-2&^	30 SmorgofWG Crackers FrshorCanFruit&Veggie

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.