

# Encompass

## February 2024 Breakfast Menu

Jan 2, 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 GMCornChex(6g<) Banana Whole-1-/Skim-2^	2 WGBaked Breads Tropical Fruit WhMilk-1 /Skim-2^
5 WGR Banana Bread Fruit Cocktail Whole-1-/Skim-2^	6 W/G English Muffin Jelly or Apple Butter Pineapple Tidbits Whole-1-/Skim-2^	7 WGR Biscuit Jelly or Apple Butter Mandarin Oranges Whole-1-/Skim-2^	8 HospToast WG Oats(6g<) Banana Whole-1-/Skim-2^	9 WGFrench Toast Baked Apples Whole-1-/Skim-2^
12 Egg Patty Fruit Cocktail Whole-1-/Skim-2^	13 Raisin Toast Pineapple Tidbits Whole-1-/Skim-2^	14 Hard-Boiled Egg Toast,WholeGrain Mandarin Oranges Whole-1-/Skim-2^	15 Hospt WG Corn Puffs(6g<) Banana Whole-1-/Skim-2^	16 Waffle Applesauce Whole-1-/Skim-2^
19 Yogurt Graham Crackers Fruit Cocktail Whole-1-/Skim-2^	20 Cheese WGR Toast Pineapple Tidbits Whole-1-/Skim-2^	21 WGR BlueBerry Bread Mandarin Oranges Whole-1-/Skim-2^	22 W/GLSCinnTtCrCereal(6g<) Banana Whole-1-/Skim-2^	23 W/GR Waffle Stixs Applesauce Whole-1-/Skim-2^
26 WGR Muffins Fruit Cocktail Whole-1-/Skim-2^	27 CinnamonSwirlToast Pineapple Tidbits Whole-1-/Skim-2^	28 W/GR Bagel Cream Cheese Mandarin Oranges Whole-1-/Skim-2^	29 SmorgofWGRBreads/Cereal FrshorCanVegandFruit Whole-1-/Skim-2^	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.