

Encompass

January 2024 Lunch Menu

Nov 10, 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL TODAY	2 WG Zoo Animal Chicken+ Peas Apple(Applesauce 2&und) WGR Bread Ranch Dressing WhMilk-1 /Skim-2^	3 Ham Patty+ Yellow Beans Peaches WGR Bread WhMilk-1 /Skim-2^	4 Chicken Dippers+ w/ Teriyaki Sauce Cal Blend Vegg Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^	5 BBQ Pork Green Beans Tropical Fruit WGR Hamburger Bun WhMilk-1 /Skim-2^
8 Beef Stew w/ Vegetables Oranges WGR Biscuit WhMilk-1 /Skim-2^	9 ChickenDumplingSoup Baby Carrots w/ Dip Apple(Applesauce 2&und) W/GR Goldfish Crackers WhMilk-1 /Skim-2^	10 Salisbury Steak+ MonteCarloVeg Peaches WGRDinnerroll WhMilk-1 /Skim-2^	11 TurkeyandChsW/GRSandwich Cucumber Cantaloupe Mayonnaise WhMilk-1 /Skim-2^	12 3 Cheese WGRMacaroni Tomatoes Pears WhMilk-1 /Skim-2^
15 WGRChsPizzaMiniBagels+ Corn Oranges WhMilk-1 /Skim-2^	16 TurkeyVeg W/GNoodSoup Red-Yellow-Grn Peppers Apple(Applesauce 2&und) WGR Bread WhMilk-1 /Skim-2^	17 Meatloaf + Broccoli Grapes WGR Breadstick WhMilk-1 /Skim-2^	18 HamAugrPotatoesw/GrBns Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^	19 BBQ Chicken Fillet+ MonteCarloVeg Canned Pears WGRDinnerroll WhMilk-1 /Skim-2^
22 Sloppy Joes Hashbrown Stix Oranges Ketchup WGR Hamburger Bun WhMilk-1 /Skim-2^	23 ChickenTacoW/G Rice Soup Cherry Tomatoes Granny Smith Apple WGR Bread WhMilk-1 /Skim-2^	24 Chicken N Gravy Mashed Potatoes Peaches WGR Bread WhMilk-1 /Skim-2^	25 W/GRBreakfast Pizza+ Yogurt Green Pepper Cantaloupe WhMilk-1 /Skim-2^	26 Hamburger+ Baked Beans Tropical Fruit WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^
29 ChickenVegetPot PieCass Oranges WGR Breadstick WhMilk-1 /Skim-2^	30 Lasagna Soup Green Pepper Apple(Applesauce 2&und) WGR Garlic Bread WhMilk-1 /Skim-2^	31 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.