

Encompass

January 2023 Breakfast Menu

Nov 16, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL TODAY	3 WGR Banana Bread Pineapple Tidbits Whole-1-/Skim-2^	4 Raisin Toast Mandarin Oranges Whole-1-/Skim-2^	5 GMCornChex(6g<) Banana Whole-1-/Skim-2^	6 WGStrawberry Baked Bread Canned Pears Whole-1-/Skim-2^
9 Cheese WGR Toast Fruit Cocktail Whole-1-/Skim-2^	10 English Muffin Toast Jelly or Apple Butter Pineapple Tidbits Whole-1-/Skim-2^	11 Pumpkin Bread Mandarin Oranges Whole-1-/Skim-2^	12 Hospt WG Corn Puffs(6g<) Banana Whole-1-/Skim-2^	13 WGRFrenchToastSticks Applesauce Whole-1-/Skim-2^
16 Egg Patty Fruit Cocktail Whole-1-/Skim-2^	17 Cinnamon Burst Toast Pineapple Tidbits Whole-1-/Skim-2^	18 W/GR Bagel Cream Cheese Mandarin Oranges Whole-1-/Skim-2^	19 W/GLSCinnTtCrCereal(6g<) Banana Whole-1-/Skim-2^	20 WGFrench Toast Baked Apples Whole-1-/Skim-2^
23 Yogurt Graham Crackers Fruit Cocktail Whole-1-/Skim-2^	24 W/G English Muffin Jelly or Apple Butter Pineapple Tidbits Whole-1-/Skim-2^	25 WGR Biscuit Jelly or Apple Butter Mandarin Oranges Whole-1-/Skim-2^	26 VarietyHospWGCereal(6g<) Banana Whole-1-/Skim-2^	27 WGPancakes Applesauce Whole-1-/Skim-2^
30 WGR Muffins Fruit Cocktail Whole-1-/Skim-2^	31 SmorgofWGRBreads/Cereal FrshorCanFruit&Veggie Whole-1-/Skim-2^			

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.