

# Encompass

## January 2023 Snack Menu

Nov 16, 2022

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL TODAY	3 CinnToast Crunch Crisps WhMilk-1-/Skim-2&^	4 String Cheese W/GR Goldfish Crackers	5 Applesauce WGBug Blte Crackers	6 WGTeddyGrahams FrshorCanFruit&Veggie
9 WGNachoChips 3+ Salsa Juice, Assorted	10 WGFrenchTstCrackers WhMilk-1-/Skim-2&^	11 Canned Pears WGRCheezit Crackers	12 WGR Cinnamon Snckbead WhMilk-1-/Skim-2&^	13 Cheese Sandwich Cracker FrshorCanFruit&Veggie
16 FlatBread Jelly or Apple Butter WhMilk-1-/Skim-2&^	17 Canned Pears Graham Crackers	18 WGCinnamon Bun Crackers WhMilk-1-/Skim-2&^	19 Kiwi Fruit Sports, W/G Crackers	20 Cheese Stick FrshorCanFruit&Veggie
23 W/G Soft Pretzel Cheese Sauce Juice, Assorted	24 CRaisins,Chry /Ornge-3 ^ WGScooby Doo Crackers	25 Mini Bagels Jelly or Apple Butter WhMilk-1-/Skim-2&^	26 Cheese, Mozzarella Slice Crackers WhMilk-1-/Skim-2&^	27 WG Waffle Grahams FrshorCanFruit&Veggie
30 HospitWGCerealBowls(6g<) WhMilk-1-/Skim-2&^	31 SmorgofWG Crackers FrshorCanVegandFruit			

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.