

Encompass

July 2022 Breakfast Menu

Apr 7, 2022

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Yogurt Graham Crackers Berry Blend Whole-1-/Skim-2^
4 NO SCHOOL TODAY	5 W/GR Bagel Cream Cheese Pineapple Tidbits Whole-1-/Skim-2^	6 W/GR Apple Bread Stick Mandarin Oranges Whole-1-/Skim-2^	7 Life Cereal(6g<) Banana Whole-1-/Skim-2^	8 W/GR Waffle Stix Applesauce Whole-1-/Skim-2^
11 Egg Patty Fruit Cocktail Whole-1-/Skim-2^	12 Varty Flav(BB,Cr)Toast Pineapple Tidbits Whole-1-/Skim-2^	13 Raisin Toast Mandarin Oranges Whole-1-/Skim-2^	14 Hospt WG Corn Puffs(6g<) Banana Whole-1-/Skim-2^	15 WGFrench Toast Applesauce Whole-1-/Skim-2^
18 Blue Berry Bread(Toast) Fruit Cocktail Whole-1-/Skim-2^	19 WGR Waffle Flatbread Pineapple Tidbits Whole-1-/Skim-2^	20 Cheese WGR Toast Mandarin Oranges Whole-1-/Skim-2^	21 GMRice Chex(6g<) Banana Whole-1-/Skim-2^	22 WGPancakes Applesauce Whole-1-/Skim-2^
25 WGR Muffins Fruit Cocktail Whole-1-/Skim-2^	26 WGR Round Flatbread Shredded Cheese Pineapple Tidbits Whole-1-/Skim-2^	27 Hard-Boiled Egg Toast,WholeGrain Mandarin Oranges Whole-1-/Skim-2^	28 W/GLSCinnTtCrCereal(6g<) Banana Whole-1-/Skim-2^	29 SmorgofWGRBreads/Cereal FrshorCanVegandFruit Whole-1-/Skim-2^

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.