

Encompass

July 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 MeatballSpagSauW/GRRoll Mozzarella Cheese Green Beans Canned Pears WhMilk-1 /Skim-2^
4 NO SCHOOL TODAY	5 BreadedWGChick,Dinosaurs Peas Fruit Cocktail WGR Bread Ranch Dressing WhMilk-1 /Skim-2^	6 BBQ Chicken Broccoli Cauliflower Peaches WGR Hamburger Bun WhMilk-1 /Skim-2^	7 Ham & Cheese W/GSandwich Cucumber Oranges Mayonnaise WhMilk-1 /Skim-2^	8 3 Cheese WGRMacaroni Cherry Tomatoes Pears WhMilk-1 /Skim-2^
11 Pork & Gravy Mashed Potatoes Oranges WGRDinnerroll WhMilk-1 /Skim-2^	12 ChickenDumplingSoup Green Pepper Pears WGR Bread WhMilk-1 /Skim-2^	13 Chicken Taco Lettuce/Tomato/Corn Peaches W/GR Soft Shell WhMilk-1 /Skim-2^	14 TurkeyandChsW/GRSandwich Cherry Tomatoes Apple Sunchips-3+ Mayonnaise WhMilk-1 /Skim-2^	15 Ham&ChsVegW/GRMacSalad Watermelon Chunks WGRDinnerroll WhMilk-1 /Skim-2^
18 W/G Beef & Bean Burrito+ Broccoli Oranges Ranch Dressing WhMilk-1 /Skim-2^	19 ChickenTacoW/G Rice Soup Cherry Tomatoes Apple TortillastrpTopper-3 &up WGR Bread WhMilk-1 /Skim-2^	20 ChefSal .ham..chs.. Cucumber Honey Dew Melon WGRDinnerroll French Dressing WhMilk-1 /Skim-2^	21 LunchMeat&ChsWGRSandwich Red-Yellow-Grn Peppers Grapes Mayonnaise WhMilk-1 /Skim-2^	22 BBQ Beef Baked Beans Watermelon Chunks WGR Hamburger Bun WhMilk-1 /Skim-2^
25 Sloppy Joes Hashbrown Stix Oranges WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^	26 CreamPotatoHamSoup Cucumber Apple WGR Pizza Sticks + WhMilk-1 /Skim-2^	27 Sausage Patty+ Cheese, Mozzarella Slice WGR Biscuit Green Pepper Cantaloupe WhMilk-1 /Skim-2^	28 LunchMeat&ChsWGRSandwich Brocc,Caulf,Carrot,Fresh Grapes Mayonnaise WhMilk-1 /Skim-2^	29 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.