

Encompass

June 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BBQ Chicken Capri Blend Vegetables Peaches WGR Hamburger Bun WhMilk-1 /Skim-2^	2 LunchMeat&ChsWGRSandwich Cucumber Oranges Mayonnaise WhMilk-1 /Skim-2^	3 Chicken N Gravy Mashed Potatoes Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^
6 ChseburgerVegCasserole Oranges WGR Bread WhMilk-1 /Skim-2^	7 CreamofTurkWildRiceSoup Baby Carrots w/ Dip Apple W/GR Goldfish Crackers WhMilk-1 /Skim-2^	8 Meatballs+ w Gravy Broccoli Peaches WGRDinnerroll WhMilk-1 /Skim-2^	9 Turkey/Chs WGRWrap Leaf Lettuce Cucumber Cantaloupe Ranch Dressing WhMilk-1 /Skim-2^	10 3 Cheese WGRMacaroni Cherry Tomatoes Pears WhMilk-1 /Skim-2^
13 Beef Taco Lettuce/Tomato/Corn Oranges W/GR Soft Shell WhMilk-1 /Skim-2^	14 Chicken W/GR Noodle Soup Cucumber Pears WGR Bread WhMilk-1 /Skim-2^	15 Meatloaf+ Cal Blend Veges Peaches WGRBreadstick WhMilk-1 /Skim-2^	16 Ham & Cheese W/GSandwich Green Pepper Apple Mayonnaise Sunchips-3+ WhMilk-1 /Skim-2^	17 Hamburger+ Baked Beans Watermelon Chunks WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^
20 BreadedWGChick,Dinosaurs Green Beans Oranges WGR Bread Ranch Dressing WhMilk-1 /Skim-2^	21 Ham Patty+ Peas & Carrots Grapes WGR Bread WhMilk-1 /Skim-2^	22 Salisbury Steak+ Parsley Potatoes Peaches WGR Bread Ketchup WhMilk-1 /Skim-2^	23 LunchMeat&ChsWGRSandwich Cherry Tomatoes Apple Mayonnaise WhMilk-1 /Skim-2^	24 Cheese Omelette+ Yogurt Green Pepper Cantaloupe WGR Muffins WhMilk-1 /Skim-2^
27 Chicken Broccoli Alfredo Oranges WGRDinnerroll WhMilk-1 /Skim-2^	28 Beef Stroganoff Soup Red-Yellow-Grn Peppers Grapes WGR Bread WhMilk-1 /Skim-2^	29 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^	30 TurkeyandChsW/GRSandwich Baby Carrots Pears Mayonnaise WhMilk-1 /Skim-2^	

NA - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.