

Encompass

March 2023 Snack Menu

Jan 5, 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheese, Mozzarella Slice Crackers WhMilk-1-/Skim-2&^	2 Applesauce WGCinnamon Grahams	3 Cheese Sandwich Cracker FrshorCanFruit&Veggie
6 WGNachoChips 3+ Salsa Juice, Assorted	7 WGFrenchtstCrackers WhMilk-1-/Skim-2&^	8 Cheddar Chex Juice Bar	9 Hard-Boiled Egg Crackers WhMilk-1-/Skim-2&^	10 String Cheese FrshorCanFruit&Veggie
13 FlatBread Jelly or Apple Butter WhMilk-1-/Skim-2&^	14 WGR Muffins WhMilk-1-/Skim-2&^	15 Ritz Bits Crackers WhMilk-1-/Skim-2&^	16 FruitedJelloSalad WGDino Grahams	17 AppCinn WGWaffle Grhms FrshorCanFruit&Veggie
20 W/G Soft Pretzel Cheese Sauce Juice, Assorted	21 Mini Bagels Jelly or Apple Butter WhMilk-1-/Skim-2&^	22 Strawberry Applesauce WGScooby Doo Crackers	23 Canned Pears WG Chat Crackers	24 Animal Crackers FrshorCanFruit&Veggie
27 HospitWGCerealBowls(6g<) WhMilk-1-/Skim-2&^	28 WGR Cinnamon Snckbead WhMilk-1-/Skim-2&^	29 Baby Carrots Ranch Dressing Crackers WhMilk-1-/Skim-2&^	30 CRaisins,Chry /Ornge-3 ^ WG Bug Blite Crackers	31 SmorgofWG Crackers FrshorCanFruit&Veggie

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.