

# Encompass

## November 2023 Lunch Menu

Sep 14, 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
		1 BBQ Pork Pattie+ Parsley Potatoes Peaches WGR Bread WhMilk-1 /Skim-2^	2 Salisbury Steak+ Squash Grapes WGR Bread Ketchup WhMilk-1 /Skim-2^	3 3 Cheese WGRMacaroni Tomatoes Pears WhMilk-1 /Skim-2^
6 Pork & Gravy Mashed Potatoes Oranges WGR Breadstick WhMilk-1 /Skim-2^	7 CreamChickenDumpingSoup Cucumber Apple WGR Bread WhMilk-1 /Skim-2^	8 WGRPancakeSausageWrap+ Yogurt Cherry Tomatoes Applesauce WhMilk-1 /Skim-2^	9 Turkey Tacos Shredded Cheese Lettuce/Tomato/Broccoli Canned Pears W/GR Soft Shell WhMilk-1 /Skim-2^	10 BBQ Chicken Tatertots Tropical Fruit WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^
13 W/GBeef&BeanBurrito Corn, Creamed Oranges WhMilk-1 /Skim-2^	14 TurkBeanSpinachSalSoup Baby Carrots w/ Dip Granny Smith Apple WGR Bread WhMilk-1 /Skim-2^	15 Ham Patty+ Broccoli Peaches WGR Bread WhMilk-1 /Skim-2^	16 ChickAugrPotatoesw/GrBns Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^	17 Hamburger+ Baked Beans Tropical Fruit WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^
20 Spaghetti&Meat Sauce Green Beans Oranges WGR Garlic Bread WhMilk-1 /Skim-2^	21 Chicken & 3Bean Soup Cherry Tomatoes Apple WGR Bread WhMilk-1 /Skim-2^	22 Chicken N Gravy Mashed Potatoes Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^	23 NO SCHOOL TODAY	24 LunchMeat&ChsWGRSandwich Cucumber Pears Mayonnaise WhMilk-1 /Skim-2^
27 WholeGrBreadChicken+ Peas & Carrots Oranges WGR Bread Ranch Dressing WhMilk-1 /Skim-2^	28 MeatballVegSoup Green Pepper Apple W/GR Goldfish Crackers WhMilk-1 /Skim-2^	29 ItalianChickBrst+w/Sauce Cal Blend Vegg Peaches WGR Hamburger Bun WhMilk-1 /Skim-2^	30 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**