

Encompass

November 2021 Breakfast Menu

Sep 9, 2021

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
1 WGR Biscuit Jelly or Apple Butter Fruit Cocktail Whole-1-/Skim-2^	2 Cinnamon Burst Toast Pineapple Tidbits Whole-1-/Skim-2^	3 WGR French Toast Sticks Applesauce Whole-1-/Skim-2^	4 GM Rice Chex Banana Whole-1-/Skim-2^	5 W/GR Apple Bread Stick Tropical Fruit Whole-1-/Skim-2^
8 Pumpkin Bread Pineapple Tidbits Whole-1-/Skim-2^	9 W/GR Bagel Cream Cheese Peaches Whole-1-/Skim-2^	10 English Muffin Toast Jelly or Apple Butter Fruit Cocktail Whole-1-/Skim-2^	11 Hospt WG Corn Puffs Banana Whole-1-/Skim-2^	12 WGR Waffle Flatbread Applesauce Whole-1-/Skim-2^
15 Egg Patty Pineapple Tidbits Whole-1-/Skim-2^	16 WGR Round Flatbread Shredded Cheese Mandarin Oranges Whole-1-/Skim-2^	17 Waffle Applesauce Whole-1-/Skim-2^	18 W/GLSCinnTstCrunhCereal Banana Whole-1-/Skim-2^	19 WGBaked Breads Tropical Fruit Whole-1-/Skim-2^
22 Yogurt Graham Crackers Mandarin Oranges Whole-1-/Skim-2^	23 Cheese WGR Toast Fruit Cocktail Whole-1-/Skim-2^	24 WG Cinnamon Bread Peaches WhMilk-1 /Skim-2^	25 NO SCHOOL TODAY	26 Variety Hosp WG Cereal (6g<) Frshor Can Fruit & Veggie Whole-1-/Skim-2^
29 WGR Muffins Fruit Cocktail Whole-1-/Skim-2^	30 Smorg of WGR Breads/Cereal Fresh Fruit or Veggie Whole-1-/Skim-2^			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.