

Encompass

November 2021 Lunch Menu

Sep 9, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
1 ChseburgerVegCasserole Oranges WGR Bread WhMilk-1 /Skim-2^	2 TurkeyVeg W/GNoodSoup Red-Yellow-Grn Peppers Apple WGR Bread WhMilk-1 /Skim-2^	3 Chicken Taco Shredded Cheese Lettuce/Tomato/Broccoli Peaches W/GR Soft Shell WhMilk-1 /Skim-2^	4 BBQ Chicken Fillet+ Peas & Carrots Mandarin Orangesw/Banana WGRDinnerroll WhMilk-1 /Skim-2^	5 3 Cheese WGRMacaroni Cherry Tomatoes Pears WhMilk-1 /Skim-2^
8 LunchMeat&ChsWGRSandwich Cucumber Pears Mayonnaise WhMilk-1 /Skim-2^	9 Chicken N Gravy Mashed Potatoes Oranges WGRDinnerroll WhMilk-1 /Skim-2^	10 Cheese Omelette+ Yogurt Green Pepper Canned Pears WGR Muffins WhMilk-1 /Skim-2^	11 Ham Patty+ Broccoli Blueberries WGR Bread WhMilk-1 /Skim-2^	12 WGR Pizza Sticks + Yellow Beans Mandarin Oranges Spaghetti Sauce WhMilk-1 /Skim-2^
15 WholeGrBreadChicken+ Squash Canned Pears WGR Bread Ranch Dressing WhMilk-1 /Skim-2^	16 TurkeyandChsW/GRSandwich Tomatoes Apple Mayonnaise WhMilk-1 /Skim-2^	17 Bean W/GRBurrito ShreddedColbyCheese Peas Oranges WhMilk-1 /Skim-2^	18 HamAugrPotatoesw/GrBns Cantaloupe Cheese W/GR Sandwich WhMilk-1 /Skim-2^	19 Hamburger+ Baked Beans Grapes* WGR Hamburger Bun WhMilk-1 /Skim-2^
22 Beef Stew w/ Vegetables Apple WGR Biscuit WhMilk-1 /Skim-2^	23 Chicken W/GR Noodle Soup Cherry Tomatoes Pears W/GR Goldfish Crackers WhMilk-1 /Skim-2^	24 Turkey & Gravy Mashed Potatoes Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^	25 NO SCHOOL TODAY	26 LunchMeat&ChsWGRSandwich Cucumber Oranges WhMilk-1 /Skim-2^
29 W/GSpaghetti&Meat Sauce ItalianMixedVegetables Oranges WGR Garlic Bread WhMilk-1 /Skim-2^	30 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^			

NA - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.