

Encompass

November 2022 Breakfast Menu

Aug 16, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 English Muffin Toast Jelly or Apple Butter Pineapple Tidbits Whole-1-/Skim-2^	2 WGR Banana Bread Mandarin Oranges Whole-1-/Skim-2^	3 W/GLSCinnTtCrCereal(6g<) Banana Whole-1-/Skim-2^	4 WGRFrenchToastSticks Applesauce Whole-1-/Skim-2^
7 Yogurt Graham Crackers Fruit Cocktail Whole-1-/Skim-2^	8 Blue Berry Bread(Toast) Pineapple Tidbits Whole-1-/Skim-2^	9 Cheese WGR Toast Mandarin Oranges Whole-1-/Skim-2^	10 Hospt WG Corn Puffs(6g<) Banana Whole-1-/Skim-2^	11 WGFrench Toast Baked Apples Whole-1-/Skim-2^
14 Egg Patty Fruit Cocktail Whole-1-/Skim-2^	15 Cinnamon Burst Toast Pineapple Tidbits Whole-1-/Skim-2^	16 Pumpkin Bread Mandarin Oranges Whole-1-/Skim-2^	17 GMCornChex(6g<) Banana Whole-1-/Skim-2^	18 WGPancakes Applesauce Whole-1-/Skim-2^
21 WGR Muffins Fruit Cocktail Whole-1-/Skim-2^	22 W/G English Muffin Jelly or Apple Butter Pineapple Tidbits Whole-1-/Skim-2^	23 W/GR Bagel Cream Cheese Mandarin Oranges Whole-1-/Skim-2^	24 NO SCHOOL TODAY	25 VarietyHospWGCereal(6g<) FrshorCanFruit&Veggie Whole-1-/Skim-2^
28 CinnamonSwirlToast Fruit Cocktail Whole-1-/Skim-2^	29 WGR Map Waffle Flatbread Pineapple Tidbits Whole-1-/Skim-2^	30 SmorgofWGRBreads/Cereal FrshorCanVegandFruit Whole-1-/Skim-2^		

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.