

Encompass

October 2021 Breakfast Menu

Aug 30, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
				1 WGFrench Toast Berry Blend WhMilk-1 /Skim-2^
4 Yogurt Graham Crackers Fruit Cocktail Whole-1-/Skim-2^	5 Raisin Toast Pineapple Tidbits Whole-1-/Skim-2^	6 W/GR Bagel Cream Cheese Mango Whole-1-/Skim-2^	7 W/GCrispix Cereal Banana Whole-1-/Skim-2^	8 WGR Waffle Flatbread Applesauce Whole-1-/Skim-2^
11 WGRZucchini Bread Peaches Whole-1-/Skim-2^	12 VartyFlav(BB,Cr)Toast Fruit Cocktail Whole-1-/Skim-2^	13 Blue Berry Pancakes Applesauce Whole-1-/Skim-2^	14 W/GLSCinnTstCrunhCereal Banana Whole-1-/Skim-2^	15 W/GRApple Bread Stick Pineapple Tidbits Whole-1-/Skim-2^
18 Egg Patty Peaches Whole-1-/Skim-2^	19 Cinnamon Burst Toast Pineapple Tidbits Whole-1-/Skim-2^	20 W/G English Muffin Jelly or Apple Butter Tropical Fruit Whole-1-/Skim-2^	21 Hospt WG Corn Puffs Banana Whole-1-/Skim-2^	22 WGPumpkin Bread Mandarin Oranges Whole-1-/Skim-2^
25 WGR Muffins Canned Pears Whole-1-/Skim-2^	26 WGR Biscuit Jelly or Apple Butter Mandarin Oranges Whole-1-/Skim-2^	27 Cheese WGR Toast Fruit Cocktail Whole-1-/Skim-2^	28 GMRice Chex Banana Whole-1-/Skim-2^	29 SmorgofWGRBreads/Cereal Fresh Fruit or Veggie Whole-1-/Skim-2^

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.