

Encompass

Monday	Tuesday	Wednesday	Thursday	Friday
3 Yogurt Graham Crackers Fruit Cocktail Whole-1-/Skim-2^	4 Blue Berry Bread(Toast) Pineapple Tidbits Whole-1-/Skim-2^	5 Cheese WGR Toast Mandarin Oranges Whole-1-/Skim-2^	6 Hospt WG Corn Puffs(6g<) Banana Whole-1-/Skim-2^	7 WGRFrenchToastSticks Applesauce Whole-1-/Skim-2^
10 Egg Patty Fruit Cocktail Whole-1-/Skim-2^	11 Cinnamon Burst Toast Pineapple Tidbits Whole-1-/Skim-2^	12 WGRZucchini Bread Mandarin Oranges Whole-1-/Skim-2^	13 GMCornChex(6g<) Banana Whole-1-/Skim-2^	14 WGPancakes Applesauce Whole-1-/Skim-2^
17 CinnamonSwirlToast Fruit Cocktail Whole-1-/Skim-2^	18 WGR Waffle Flatbread Pineapple Tidbits Whole-1-/Skim-2^	19 Hard-Boiled Egg Toast,WholeGrain Mandarin Oranges Whole-1-/Skim-2^	20 W/GCrispix Cereal(6g<) Banana Whole-1-/Skim-2^	21 WGRFrench Toast Baked Apples Whole-1-/Skim-2^
24 WGR Muffins Fruit Cocktail Whole-1-/Skim-2^	25 W/G English Muffin Jelly or Apple Butter Pineapple Tidbits Whole-1-/Skim-2^	26 W/GR Bagel Cream Cheese Mandarin Oranges Whole-1-/Skim-2^	27 VarietyHospWGCereal(6g<) Banana Whole-1-/Skim-2^	28 Pumpkin Bread Canned Pears Whole-1-/Skim-2^
31 SmorgofWGRBreads/Cereal FrshorCanVegandFruit Whole-1-/Skim-2^				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.