

Encompass

October 2022 Lunch Menu

Jul 8, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>WGR Pizza Sticks + Peas Oranges Spaghetti Sauce WhMilk-1 /Skim-2^</p>	<p>4</p> <p>ChickenDumplingSoup Baby Carrots w/ Dip Apple WGR Bread WhMilk-1 /Skim-2^</p>	<p>5</p> <p>BBQ Pork MonteCarloVeg Peaches WGR Hamburger Bun WhMilk-1 /Skim-2^</p>	<p>6</p> <p>Chicken Taco Shredded Cheese Lettuce/Tomato/Broccoli Canned Pears W/GR Soft Shell WhMilk-1 /Skim-2^</p>	<p>7</p> <p>LunchMeat&ChsWGRSandwich Cherry Tomatoes Pears WhMilk-1 /Skim-2^</p>
<p>10</p> <p>Pork & Gravy Mashed Potatoes Oranges WGRDinnerroll WhMilk-1 /Skim-2^</p>	<p>11</p> <p>TurkeyVeg W/GNoodSoup Cucumber Apple WGR Bread WhMilk-1 /Skim-2^</p>	<p>12</p> <p>W/GRBreakfast Pizza+ Yogurt Green Pepper Peaches WhMilk-1 /Skim-2^</p>	<p>13</p> <p>HamAugrPotatoesw/GrBns Cantaloupe Cheese W/GR Sandwich WhMilk-1 /Skim-2^</p>	<p>14</p> <p>3 Cheese WGRMacaroni Broccoli Pears WhMilk-1 /Skim-2^</p>
<p>17</p> <p>Chicken Broccoli Alfredo Oranges WGRBreadstick WhMilk-1 /Skim-2^</p>	<p>18</p> <p>Beef & 3Bean Soup Green Pepper Apple WGR Bread WhMilk-1 /Skim-2^</p>	<p>19</p> <p>ItalChickenw/SpagSauce Yellow Beans Peaches WGR Garlic Bread Spaghetti W/G Noodles WhMilk-1 /Skim-2^</p>	<p>20</p> <p>Turkey & Gravy Mashed Potatoes Cantaloupe WGRBreadstick WhMilk-1 /Skim-2^</p>	<p>21</p> <p>Hamburger+ Baked Beans Tropical Fruit WGR Hamburger Bun WhMilk-1 /Skim-2^</p>
<p>24</p> <p>Spaghetti&Meat Sauce Green Beans Oranges WGR Garlic Bread WhMilk-1 /Skim-2^</p>	<p>25</p> <p>ChickenVegQuinoaSoup Red-Yellow-Grn Peppers Granny Smith Apple W/GR Goldfish Crackers WhMilk-1 /Skim-2^</p>	<p>26</p> <p>BBQ Pork Pattie+ Smile Face Potatoes Peaches WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^</p>	<p>27</p> <p>MeatballSpagSauW/GRRoll Mozzarella Cheese Broccoli Grapes WhMilk-1 /Skim-2^</p>	<p>28</p> <p>WholeGrBreadChicken+ Corn Tropical Fruit WGR Bread Ranch Dressing WhMilk-1 /Skim-2^</p>
<p>31</p> <p>SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^</p>				

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.