

Encompass

September 2023 Breakfast Menu

Jul 10, 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
				1 Waffle Applesauce Whole-1-/Skim-2^
4 NO SCHOOL TODAY	5 WGR Muffins Pineapple Tidbits Whole-1-/Skim-2^	6 WGR Biscuit Jelly or Apple Butter Mandarin Oranges Whole-1-/Skim-2^	7 GMCornChex(6g<) Banana Whole-1-/Skim-2^	8 WGPancakes Applesauce Whole-1-/Skim-2^
11 Pumpkin Bread Fruit Cocktail Whole-1-/Skim-2^	12 Cinnamon Burst Toast Pineapple Tidbits Whole-1-/Skim-2^	13 Hard-Boiled Egg Toast,WholeGrain Mandarin Oranges Whole-1-/Skim-2^	14 W/GLSCinnTtCrCereal(6g<) Banana Whole-1-/Skim-2^	15 W/GR Waffle Stixs Applesauce Whole-1-/Skim-2^
18 Yogurt Graham Crackers Fruit Cocktail Whole-1-/Skim-2^	19 Raisin Toast Pineapple Tidbits Whole-1-/Skim-2^	20 W/G English Muffin Jelly or Apple Butter Mandarin Oranges Whole-1-/Skim-2^	21 HospToast WG Oats(6g<) Banana Whole-1-/Skim-2^	22 WGFrench Toast Baked Apples Whole-1-/Skim-2^
25 FlatBread Jelly or Apple Butter Fruit Cocktail Whole-1-/Skim-2^	26 Cheese WGR Toast Pineapple Tidbits Whole-1-/Skim-2^	27 W/GR Bagel Cream Cheese Mandarin Oranges Whole-1-/Skim-2^	28 W/GCrispix Cereal(6g<) Banana Whole-1-/Skim-2^	29 SmorgofWGRBreads/Cereal FrshorCanVegandFruit WGR Bread Whole-1-/Skim-2^

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.