

# Encompass

## September 2022 Breakfast Menu

Jun 14, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 HospToast WG Oats(6g<) Banana Whole-1-/Skim-2^	2 WGRFrenchToastSticks Applesauce Whole-1-/Skim-2^
5 NO SCHOOL TODAY	6 WG Cinnamon Bread Pineapple Tidbits Whole-1-/Skim-2^	7 Toast,WholeGrain Jelly or Apple Butter Mandarin Oranges Whole-1-/Skim-2^	8 Hospt WG Corn Puffs(6g<) Banana Whole-1-/Skim-2^	9 WGFrench Toast Baked Apples Whole-1-/Skim-2^
12 Egg Patty Fruit Cocktail Whole-1-/Skim-2^	13 Blue Berry Bread(Toast) Pineapple Tidbits Whole-1-/Skim-2^	14 WGRZucchini Bread Mandarin Oranges Whole-1-/Skim-2^	15 Crispix Cereal Banana Whole-1-/Skim-2^	16 WGPancakes Applesauce Whole-1-/Skim-2^
19 CinnamonSwirlToast Fruit Cocktail Whole-1-/Skim-2^	20 WGR Waffle Flatbread Pineapple Tidbits Whole-1-/Skim-2^	21 Hard-Boiled Egg Toast,WholeGrain Mandarin Oranges Whole-1-/Skim-2^	22 GMRice Chex(6g<) Banana Whole-1-/Skim-2^	23 W/GR Waffle Stixs Applesauce Whole-1-/Skim-2^
26 WGR Muffins Fruit Cocktail Whole-1-/Skim-2^	27 W/G English Muffin Jelly or Apple Butter Pineapple Tidbits Whole-1-/Skim-2^	28 W/GR Bagel Cream Cheese Mandarin Oranges Whole-1-/Skim-2^	29 VarietyHospWGCereal(6g<) Banana Whole-1-/Skim-2^	30 SmorgofWGRBreads/Cereal FrshorCanVegandFruit Whole-1-/Skim-2^

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.