

Encompass

September 2022 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BBQ Pork Potato Puffs Cantaloupe WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^	2 3 Cheese WGRMacaroni Broccoli Cauliflower Mandarin Orangesw/Banana WhMilk-1 /Skim-2^
5 NO SCHOOL TODAY	6 WholeGrBreadChicken+ Peas & Carrots Apple WGR Bread Ranch Dressing WhMilk-1 /Skim-2^	7 Sausage Patty+ Cheese, Mozzarella Slice Green Pepper Peaches WGR Biscuit WhMilk-1 /Skim-2^	8 Chicken Fillet+ Zucchini Squashw/Tomato Cantaloupe WGRBreadstick WhMilk-1 /Skim-2^	9 BBQ Beef Cal Blend Veges Tropical Fruit WGR Hamburger Bun WhMilk-1 /Skim-2^
12 Chicken Broccoli Alfredo Oranges WGRBreadstick WhMilk-1 /Skim-2^	13 Lasagna Soup Mozzarella Cheese Baby Carrots w/ Dip Apple WGR Garlic Bread WhMilk-1 /Skim-2^	14 Chicken Burger+ Smile Face Potatoes Peaches WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^	15 BakePotBar (Ham/Cheese) Broccoli Canned Pears WGRDinnerroll Sour Cream WhMilk-1 /Skim-2^	16 Hamburger+ Baked Beans Tropical Fruit WGR Hamburger Bun Ketchup WhMilk-1 /Skim-2^
19 Spaghetti&Meat Sauce ItalianMixedVegetables Oranges WGR Garlic Bread WhMilk-1 /Skim-2^	20 Chicken W/GR Noodle Soup Cucumber Apple W/GR Goldfish Crackers WhMilk-1 /Skim-2^	21 HamAugrPotatoesw/GrBns Peaches WGRDinnerroll WhMilk-1 /Skim-2^	22 TurkeyandChsW/GRSandwich Cherry Tomatoes Pears Mayonnaise WhMilk-1 /Skim-2^	23 Breaded Fish Fillet+ American Cheese Broccoli Canned Pears WGR Bread Tartar Sauce WhMilk-1 /Skim-2^
26 W/G Beef & Bean Burrito+ Green Beans Oranges Ranch Dressing WhMilk-1 /Skim-2^	27 BBQ Pork Pattie+ Peas Apple WGR Bread WhMilk-1 /Skim-2^	28 LunchMeat&ChsWGRSandwich Red-Yellow-Grn Peppers Pears WhMilk-1 /Skim-2^	29 Chicken N Gravy Mashed Potatoes Cantaloupe WGRDinnerroll WhMilk-1 /Skim-2^	30 SmorgasofEntrees,Veg/Frt Variety of Items FrshorCanVegandFruit WGR Bread WhMilk-1 /Skim-2^

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.